MONDAY

Ladies	
8:00 a.m 9:30 a.m.	Intermediate Ladies Clinic (ITN 7 & 6)
9:30 a.m 11:00 a.m.	High Intermediate Ladies Clinic (ITN 5)

Juniors	
4:00 p.m 4:45 p.m.	Red Ball 1 (6 years old and below)
4:30 p.m 5:30 p.m.	Red Ball 1 (10 years old and below)
4:45 p.m 5:30 p.m.	Red Ball 1 (6 years old and below)
4:30 p.m 5:30 p.m.	Red Ball 2 (12 years old and below)
5:30 p.m 6:30 p.m.	Red Ball 2 (8 years old and below)
5:30 p.m 6:30 p.m.	Red Ball 2 (12 years old and below)
5:30 p.m 6:30 p.m.	Red Ball 3 (8 years old and below)
5:30 p.m 6:30 p.m.	Red Ball 3 (12 years old and below)
4:30 p.m 5:30 p.m.	Orange Ball 1 (8 years old and below)
4:30 p.m 5:30 p.m.	Orange Ball 1 (12 years old and below)
5:30 p.m 6:30 p.m.	Orange Ball 2 (10 years old and below)
5:30 p.m 6:30 p.m.	Orange Ball 2 (14 years old and below)

Men's

6:30 p.m. - 9:00 p.m. Men's Social Night

TUESDAY

Ladies	
7:00 a.m 8:30 a.m.	High Intermediate Ladies Clinic (ITN 5)
7:00 a.m 8:30 a.m.	Intermediate Ladies Clinic (ITN 7 & 6)
8:30 a.m 10:00 a.m.	Advanced Ladies Clinic (ITN 4 & 3)
6:30 p.m 8:00 p.m.	Ladies Drop-in (Intermediate & Advanced)
8:00 p.m 9:30 p.m.	High Intermediate Ladies Clinic (ITN 5)

Juniors	
4:00 p.m 5:00 p.m.	Red Ball 1 (10 years old and below)
4:15 p.m 5:00 p.m.	Red Ball 1 (6 years old and below)
4:00 p.m 5:00 p.m.	Red Ball 2 (8 years old and below)
4:00 p.m 5:00 p.m.	Orange Ball 1 (12 years old and below)
4:00 p.m 5:00 p.m.	Orange Ball 3 (14 years old and below)
5:00 p.m 6:30 p.m.	Green Dot Ball 1 (12 years old and below)
5:00 p.m 6:30 p.m.	Green Dot Ball 1 (14 years old and below)
5:00 p.m 6:30 p.m.	Green Dot Ball 2 (16 years old and below)
5:00 p.m 6:30 p.m.	Development Squad
6:30 p.m 8:00 p.m.	Advanced Squad

Men's

6:30 p.m. - 8:00 p.m. Cardio Tennis

TENNIS PROGRAM FALL 2024

August 12 – December 21, 2024

WEDNESDAY

Ladies

9:00 a.m. - 11:30 a.m. Ladies Social (ITN 6,5,4 & 3)

8:00 p.m. - 9:30 p.m. High Intermediate Ladies Clinic (ITN 5)

8:00 p.m. - 9:30 p.m. Intermediate Ladies Clinic (ITN 7 & 6)

Juniors Red Ball 1 (6 years old and below) 4:15 p.m. - 5:00 p.m. Red Ball 2 (12 years old and below) 4:00 p.m. - 5:00 p.m. Red Ball 3 (12 years old and below) 4:00 p.m. - 5:00 p.m. Orange Ball 1 (8 years old and below) 4:00 p.m. - 5:00 p.m. 4:00 p.m. - 5:00 p.m. Orange Ball 1 (12 years old and below) 5:00 p.m. - 6:30 p.m. Orange Ball 1 (12 years old and below) Red Ball 1 (10 years old and below) 5:00 p.m. - 6:30 p.m. Red Ball 2 (8 years old and below) 5:00 p.m. - 6:30 p.m. 5:00 p.m. - 6:30 p.m. Green Dot Ball 2 (16 years old and below) Development Squad 5:00 p.m. - 6:30 p.m. 6:30 p.m. - 8:00 p.m. Advanced Squad

Men's

6:30 p.m. - 8:00 p.m. Double Drills















THURSDAY

Ladies	
8:00 a.m 9:30 a.m.	Advanced Ladies Clinic (ITN 4 & 3)
8:00 a.m 9:30 a.m.	Intermediate Ladies Clinic (ITN 7 & 6)
9:30 a.m. – 11:00 a.m.	High Intermediate Ladies Clinic (ITN 5)
9:30 a.m. – 11:00 a.m.	Intermediate Ladies Clinic (ITN 7 & 6)
9:30 a.m 11:00 a.m.	Ladies Clinic (ITN 9-8)
8:00 p.m 9:30 p.m.	Advanced Ladies Clinic (ITN 4 & 3)

Juniors	
4:15 p.m 5:00 p.m.	Red Ball 1 (6 years old and below)
4:00 p.m 5:00 p.m.	Red Ball 2 (8 years old and below)
4:00 p.m 5:00 p.m.	Orange Ball 3 (14 years old and below)
5:00 p.m 6:30 p.m.	Green Dot Ball 1 (12 years old and below)
5:00 p.m 6:30 p.m.	Green Dot Ball 1 (14 years old and below)
5:00 p.m 6:30 p.m.	Green Dot Ball 2 (16 years old and below)
5:00 p.m 6:30 p.m.	Development Squad
6:30 p.m 8:00 p.m.	Advanced Squad
5:00 p.m 6:30 p.m.	Development Squad

FRIDAY

Ladies	
8:00 a.m 9:30 a.m.	High Intermediate Ladies Clinic (ITN 5)
9:00 a.m 10:30 a.m.	Advanced Ladies Clinic (ITN 4 & 3)
9:30 a.m 11:00 a.m.	Intermediate Ladies Clinic (ITN 7 & 6)
10:30 a.m 12:00 p.m.	Ladies Drop-in (Intermediate & Advanced)

Juniors	
3:45 p.m 4:30 p.m.	Red Ball 1 (6 years old and below)
4:30 p.m 5:30 p.m.	Red Ball 2 (8 years old and below)
4:30 p.m 5:30 p.m.	Red Ball 3 (8 years old and below)
4:30 p.m 5:30 p.m.	Red Ball 3 (12 years old and below)
4:30 p.m 5:30 p.m.	Orange Ball 2 (14 years old and below)
5:30 p.m 6:30 p.m.	Orange Ball 1 (8 years old and below)
5:30 p.m 6:30 p.m.	Orange Ball 1 (12 years old and below)
5:30 p.m 7:00 p.m.	Green Dot Ball 2 (16 years old and below)





Juniors	
8:00 a.m 9:00 a.m.	Red Ball 2 (8 years old and below)
8:00 a.m 9:00 a.m.	Red Ball 2 (12 years old and below)
8:00 a.m 9:00 a.m.	Red Ball 3 (8 years old and below)
8:15 a.m 9:00 a.m.	Red Ball 1 (6 years old and below)
9:00 a.m 10:00 a.m.	Orange Ball 1 (12 years old and below)
9:00 a.m 10:00 a.m.	Orange Ball 2 (10 years old and below)
9:00 a.m 10:00 a.m.	Orange Ball 2 (14 years old and below)
9:00 a.m 9:45 a.m.	Red Ball 1 (6 years old and below)
11:30 a.m 1:00 p.m.	Development Squad (14 years old and below)
11:30 a.m 1:00 p.m.	Green Dot Ball 1 (12 years old and below)
4:00 p.m 5:00 p.m.	Red Ball 3 (8 years old and below)
4:00 p.m 5:00 p.m.	Orange Ball 3 (14 years old and below)
5:00 p.m 6:30 p.m.	Advanced Squad
Manta	
Men's	

10:00 a.m 11:30 a.m.	Men's Drop-in (Intermediate & Advanced)
11:30 a.m 1:00 p.m.	Men's Drop-in (Intermediate & Advanced)

PROGRAM FEE

Program	Price	Duration
Red 1 (6 and Under)	\$29	45 mins
Red 1 (10 and Under) to Red 3	\$30	1hr
Orange 1 to Orange 3	\$30	1 hr
Green Dot 1 to Green Dot 2	\$51	1.5 hrs
Development Squad	\$51	1.5 hrs
Advanced Squad	\$51	1.5 hrs
Ladies Clinics	\$51	1.5 hrs
Ladies / Men's Drop In	\$51	1.5 hrs
Ladies / Men's Social	\$20	2.5 hrs

Private Lesson	Price	
Tennis Professional	\$114	
Tennis Director	\$124	
Each additional person: \$10 on top of private lesson fee		

Terms and conditions

Private Lesson:

• A 24-hour cancellation policy applies. Cancellations less than 24 hours in advance will be charged the full amount.

Group Classes:

- Registration is on a first-come, first-served basis
- Minimum of 4 Juniors and 3 Ladies for the class to take place
- No classes on public holidays
- Temporary cancellation and make-up classes are not available
- A two-week notice is mandatory for permanent cancellations
- Medical Certificate must be submitted for charges to be waived for missed classes (max. two weeks)
- Classes may be cancelled in the event of inclement weather. Members will be notified in advance via SMS.











