

## Nail Care by SpaRitual

Essentials	Mani	Pedi
<b>Weekly Essentials (40-45min)</b> <i>Includes a soak, nail shaping, buffing, cuticle care, scrub, relaxing massage and application of premium nail lacquers</i>	\$32	\$42
<b>Monthly Essentials (80-90min)</b> <i>Enhances your weekly essentials with added serums and tonics, followed by a hot stone massage and a paraffin mask to seal them off before application of premium nail lacquers</i>	\$76	\$86
Add-ons	Mani	Pedi
Anti-Aging Treatment	\$25	\$30
Callous Eliminator	\$5	\$5
Scrub Application	\$5	\$5
French	\$5	\$5
Nail Art	\$2 per nail	\$2 per nail
Rhinestones	\$1 each	\$1 each
Designer Polish	\$4	\$4
Ingrown Nail Clean-up	-	\$10
Maintenance	Mani	Pedi
Nail Repair	\$8	\$8
Shape	\$10	\$10
Re-polish	\$10	\$10
Shape & Polish	\$15	\$15
Shape & Cuticle Clean-up	\$16	\$18
Shape, Cuticle Clean-up & Polish	\$21	\$26
Princess Polish OTG	\$10	\$10
File My Feet	-	\$15
Gels	Single	Set
Natural Nail Overlay	\$10	\$90
Extension with Tips / Sculptured	\$15	\$140
Extension with Tips / Sculptured In-fill	\$8	\$75
Extension with Tips / Sculptured in-fill Removal	\$6	\$55
Removal	\$5	\$45
Gelish	Mani	Pedi
<b>Gelish Experience</b> <i>Includes a soak-off gel removal, nail shaping, buffing, cuticle care, relaxing massage and application of gel polish</i>	\$65	\$80
<b>Builder In A Bottle Experience</b> <i>Includes e-file gel removal, nail shaping, buffing, cuticle care and application of BIAB Gel</i>	\$80	-
<b>The GelBottle Gel Foil Art</b>		
Per nail	\$8	-
Full set	\$30	-
Soak-off Only	\$10	\$13
Soak-off Only (gel done in other salons)	\$20	\$25
Polish Only	\$25	\$27
French	\$10	\$10
Gradation	\$15	\$15

## Hair by Aveda

Cut & Finish - Includes wash, cut and blow dry	Ladies	Men
Grown-up	\$49	\$33
Teen's Cut (under 18)	\$33	\$28
Children's Cut*	\$30	\$25
Dry Cut	Ladies	Men
Grown-up	\$40	\$28
Teen (under 18)	\$28	\$25
Child (under 12)	\$22	\$22
Fringe	\$12	\$12

Shampoo	S	M	L	XL
Shampoo	\$20	\$25	\$28	\$33
Shampoo & Blow Dry	\$28	\$33	\$38	\$43
Shampoo & Blow Dry (Child*)	\$20	\$25	\$30	\$35
Shampoo & Up-do / Iron	\$40	\$45	\$50	\$55
Shampoo, Blow Dry & Set	\$33	\$38	\$43	\$48
Iron / Blow Dry only	\$25	\$30	\$35	\$40

Rebonding / Perm	S	M	L	XL
Digital Perm	\$260	\$290	\$331	\$362
Rebond with Digital Perm	-	\$392	\$425	\$455
Soft Rebonding	\$285	\$335	\$385	\$435
Fringe Rebonding	\$90	-	-	-
Perm	\$122	\$132	\$142	\$152

Colors & Tints	S	M	L	XL
<b>Whole Head Color</b>	\$122	\$146	\$172	\$196
<b>Whole Head Foil Highlights</b>				
1 Color Tint	\$122	\$146	\$172	\$196
2 Color Tints	\$195	\$220	\$245	\$270
3 Color Tints	\$235	\$260	\$285	\$310
<b>Partial Foil Highlights</b>				
1 Color Partial Highlights	\$66	\$76	\$86	\$100
2 Color Partial Highlights	\$102	\$117	\$132	\$147
Color Retouch – Roots	\$112	-	-	-

Treatments	S	M	L	XL
Post Treatment Remedy	\$35	-	-	-
Express Scalp	\$71	-	-	-
Scalp	\$122	-	-	-
Hair	\$142	\$152	\$162	\$172
Hair & Scalp	\$197	\$207	\$217	\$227
Olaplex Solo Intensive	\$132	\$142	\$152	\$162
Olaplex Pre/Post Color	\$70	-	-	-
Olaplex Add-on	\$35	-	-	-

Keratin Treatment	S	M	L	XL
Medium / Intense Finish	\$445	\$465	\$485	\$505
Fringe Only	\$122	\$132	\$142	-

\*Child: Under 12 years old

S - Short hair M - Medium hair L - Long Hair XL - Extra long hair

## Enhancing your experience at sên

Arrive at least 5 minutes before your treatment time. If you are late, we may have to shorten your treatment in order to be punctual for the next Member.

Lockers are available, however, you are advised not to bring valuables to sên.

Wi-Fi is available within the spa.

sên is a quiet conversation area. For the consideration of other Members, the use of cell phones is not permitted in the spa except at the reception or change rooms for quick and light conversations. Please switch all cell phones to silent mode when in the premises.

Please inform us of any health conditions at the time of booking, including recent surgery, pregnancy, high blood pressure, heart conditions and allergies.

Please provide us with at least 48 hours' notice for cancellations or changes to your reservations to avoid being charged for your treatments.

Children under 12 are not allowed in sên, except for hair and nail services at the Hair salon.

Guests of sên must be accompanied by a Member. An additional charge of 15% applies for all services rendered to guests.

- All treatment prices displayed in the Sen Spa menu and brochures are quoted in Singapore Dollars.
- All prices quoted are inclusive of GST.

## Booking an appointment

To schedule appointments, log in to your account online ([www.amclub.org.sg](http://www.amclub.org.sg)), call **6739-4449** or email [spa@amclub.org.sg](mailto:spa@amclub.org.sg).

## Operating Hours

Monday to Saturday : 9:00 a.m. – 8:00 p.m.  
Sunday & Public Holiday : 9:00 a.m. – 6:00 p.m.

Our team will be happy to answer any questions you may have about our products, services or packages. Feel free to call us at 6739-4449 or email [spa@amclub.org.sg](mailto:spa@amclub.org.sg).



## RATE CARD

## Body Massages

### Customized Massage

15 minutes	\$25
30 minutes	\$50
45 minutes	\$75
60 minutes	\$100
75 minutes	\$120
90 minutes	\$140
120 minutes	\$180

### Bamboo Massage

60 minutes	\$120
75 minutes	\$140
90 minutes	\$160

### Hot Stone Massage

90 minutes	\$213
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### Sports Massage

60 minutes	\$137
75 minutes	\$157
90 minutes	\$177

### Pre- or Post-natal Massage

60 minutes	\$100
90 minutes	\$140

### Guest Therapist Massage

60 minutes	\$193
75 minutes	\$233
90 minutes	\$273
120 minutes	\$355

## Body Scrubs

*Breathing Ritual + Exfoliation + Lotion Application*

### Turkish Body Scrub with Eucalyptus

45 minutes	\$66
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### Chamomile Body Scrub

45 minutes	\$66
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## Body Wraps

*Breathing Ritual + Dry Exfoliation + Body Masque + Mini-Facial# + Scalp, Neck, Foot Massage*

### Moor Mud Wrap

60 minutes	\$141
90 minutes#	\$192

### Spirulina Body Wrap

60 minutes	\$141
90 minutes#	\$192

## Packages

### Jet Lag Remedy

*Back Massage + Deep Cleansing Facial*

105 minutes	\$170
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### Energize

*Welcome Ritual + Body Scrub + Bamboo Body Massage*

120 minutes	\$185
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### Time for a Detox

*Welcome Ritual + Body Wrap + Slimming Massage*

120 minutes	\$218
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### Heavenly Touch

*Body & Scalp Massage + Customized Essential Facial + Shampoo & Blow Dry*

180 minutes*	\$238
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*\*Timing may vary based on hair length*

## Essential Facials

*KF Breathing Ritual + Optional Extraction + Massage of the face, eyes, décolleté, shoulders & hands + Single Mask*

### Hydrating

75 minutes	\$138
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### Deep Cleansing

75 minutes	\$138
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### Rejuvenating

75 minutes	\$138
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### Gentleman's

60 minutes	\$138
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### Teens

60 minutes	\$87
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### Refresh

30 minutes	\$45
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### Back Facial

60 minutes	\$100
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## Advance Facials

*KF breathing ritual + Consultation + Optional Extraction, Massage of the face, eyes, décolleté, shoulders, hands & feet + Double Masque*

### Protein Infusion by Kerstin Florian

90 minutes	\$215
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### Balancing by Kerstin Florian

90 minutes	\$215
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### Brightening by Gaylia Kristensen

90 minutes	\$215
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### Caviar by Kerstin Florian

105 minutes	\$275
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### Ageless by Gaylia Kristensen

105 minutes	\$275
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### K-Lift Accelerator by Kerstin Florian

105 minutes	\$215
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### Signature Jade Radiance Facial

120 minutes	\$305
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### Add-ons

*Enhance the benefits of your favorite facial treatment with our selected add-ons.*

Express Lift	20 minutes	\$60
Express Eyes	20 minutes	\$60
Express Lips	20 minutes	\$60
Express Congestion	20 minutes	\$60
Pro30 Multi-Acid Peel*		\$25
Eye Rescue Pad*		\$35
Chitosan Mask*		\$35
Brightening Mask*		\$35
Pure Vitamin C Ampoule**		\$65
Intensive Repair Ampoule**		\$65

*\*for upgrade in Essential Facials and K-Lift*

*\*\*for upgrade in Essential Facials, Advance Facials and K-Lift*

## Grooming

Bikini	Ladies	Men
Bikini Line	\$28	\$35
Extended Bikini Line	\$42	\$53
Brazilian + Labia	\$59	-
Hollywood	\$65	-
Boyzillian	-	\$83
Pinkini Intimate Treatment	Ladies	Men
30 minutes (post-wax add-on)	\$118	-
60 minutes (full)	\$188	-
Lower Body	Ladies	Men
Lower Back	\$21	\$29
Lower Leg	\$33	\$41
Upper Leg	\$38	\$47
Back of Thighs / Inner Thighs	\$15	\$20
Full Leg	\$66	\$73
Buttocks	\$20	\$26
Upper Body	Ladies	Men
Under Arm / Half Arm	\$24	\$30
Full Arm / Chest / Stomach	\$35	\$43
Nipples / Navel	\$9	\$11
Full Back	\$61	\$73
Hands & Feet	Ladies	Men
Fingers / Toes	\$9	\$11
Top of Feet / Back of Hand	\$11	\$13
Face	Ladies	Men
Eyebrows / Upper Lip / Chin / Ears	\$18	\$20
Neck	\$24	\$30
Forehead / Sideburns	\$18	\$22
Jawline / Cheeks	\$18	\$22
Full Face	\$51	\$71
Other Grooming Essentials	Ladies	Men
Lash / Brow Tinting	\$20	\$20